



GOOD MEDICINE

## **STUDIO EVENT SPACE AND EQUIPMENT**

**Studio Size:** ~1,000 Sq Ft

**Capacity:** 69 people for talk, meditation, free movement. 20-30 guests for mat-based classes

### **Items Available:**

- 40 cushioned stackable chairs
- 4 rectangular plastic tables, 2 wooden rectangular tables (linens not included)
- 15 Yoga mats, 35 cork blocks, 30 straps, 20 blankets
- 42 Zafu meditation cushions and 42 Zabuton meditation mats
- Filtered water (Big Berkey filter) with cups provided
- Hot water kettle (plug-in) with disposable cups provided

### **Facilities:**

- One ½ bathroom (toilet, sink) with supplies provided
- Cubby/reception area with storage
- Two overhead fan/lights, hallway, pendant lights
- Thermostat available to adjust temperature of studio (A/C and heat included).  
Windows can be opened during event if desired
- Please note there is no disabled access to the studio space
- There is ample on-street parking and a \$5/24 hour parking lot is nearby as well (450 Commercial St, Portland, ME)

### **Technology:**

- Wifi is available
- Sonos sound system (4 speakers installed in ceiling) with wifi connection.  
\*Download the Sonos app for free on your phone/device ahead of time. Spotify, Pandora, iTunes et al. can be streamed through the Sonos app.
- Portable standing speaker - EVOX JMIX8. Connect through Bluetooth or Aux cable. Bring your own adaptor for iPhone if needed
- 2 wireless and 1 hand-held microphone that connect to the portable speaker
- Epson Projector and manual pull-down screen with USB Barco connector.  
\*This connector can be plugged into any computer with a USB port. Adaptor for Barco connector for Apple computers included. Documents and slideshows can also be cast through the Apple TV found in the projector settings.
- Detailed instructions for all **technology** will be provided at the Studio space in a manual.